

प्रो. विजय चाहल, अध्यक्ष, शारीरिक शिक्षा विभाग, दीनदयाल उपाध्याय गोरखपुर विश्वविद्यालय, गोरखपुर

Prof. Vijay Chahal HoD, Department of Physical Education Deen Dayal Upadhyaya Gorakhpur University, Gorakhpur

Syllabus for Bachelor of Physical Education (B.P.Ed.) Written Entrance Test (50 marks)

Unit	Subject Area	Number of Questions
Ι	Indian Sports History,	20
	Indian Players and their achievements.	
II	Olympic History,	20
	Individual and Team Games.	
III	Sports Grounds and Sports Equipment,	20
	Sports Skills and Sports Awards.	
IV	Yoga and Physical Education,	20
	Reasoning ability.	
V	General Studies and General Awareness,	20
	National and International events.	

Items for Physical Fitness Test (50 Marks):

Item	Items to be performed and evaluated as per standard Norms	Marks
Ι	600-meter Run/walk race	10
II	50-meter dash run	10
III	4 X 10-meter shuttle run	10
IV	Medicine Ball Throw	10
V	Standing Broad Jump	10